

# CSD CARLSON'S SCHOOL OF DANCE

## FEBRUARY NEWSLETTER

### Cowichan Music Festival

Many of our students dedicate February to Festival. Even if your student is not participating, this is an amazing opportunity for you to watch performances in the theatre for just \$3 at the door per session.

#### What is Festival?

The Cowichan Music Festival has sessions in various fine art disciplines and serves as a fantastic learning opportunity for students in the Cowichan Valley. Dance students perform at the Cowichan Performing Arts Centre for an audience and adjudicator, who then gives feedback on their dances. It's a fun experience and a great chance to get up on the big stage. Our goal as a studio every year is to have the students feeling as confident as they can when they step out to show what they can do.

#### Adjudication

At the end of every session, students that have performed will be adjudicated. This is when the adjudicator calls all the dancers back on stage to give feedback on their strengths and areas they can improve.

#### When is it?

Tuesday, February 17 - Street Dance  
Wednesday, February 18 - Tap, Acro, Stage & Jazz  
Thursday, February 19 - Lyrical & Jazz  
Friday, February 20 - Lyrical, Stage, Song & Dance  
Saturday, February 21 - Ballet  
Sunday, February 22 - Contemporary & Modern

\*Classes have been e-mailed their arrival times and other important information

**Programs are available for download at  
[cowichanmusicfestival.com](http://cowichanmusicfestival.com)**

### UPCOMING DATES

**February 7** - Sr Open Ballet at Odyssey  
**February 8** - Festival Rehearsal & Photos  
**February 16** - Classes as usual  
**February 17-22** - Cowichan Music Festival  
**February 25-Mar 1** - Synergy Nanaimo  
**March 16-29** - Spring Break, no classes

*Spring Break Camps available  
at [reccowichan.ca](http://reccowichan.ca)*

**Many classes will not be running  
February 17-22 due to festival.**

The majority of our teachers and students are very busy during festival and will perform in lieu of classes. We encourage everyone to come watch!

The following classes **will** run:

Monday, February 16

All classes as usual.

Tuesday, February 17

Primary Ballet with Miss Bonnie will run as usual.

Wednesday, February 18

Petite & Teen Contemporary with Miss Rachel will run as usual, as well as Kahari's Mini Hip Hop

Thursday, February 19

Only Miss Ricki's classes run  
(no Miss Ricki February 26)

Friday, February 20

Open Ballet will run, all others cancelled.  
Miss Calista's classes will be running.

Saturday, February 21

All classes will run EXCEPT  
NO Miss Bonnie's Kinder Combo  
& NO Miss Ricki's Primary Ballet









# MUFFIN & COOKIE DOUGH FUNDRAISER

A delicious way to help support our PAC support our dancers!  
 Orders due March 1<sup>st</sup> - check your e-mail for how to order

**SCOOP & BAKE**  
**MUFFIN DOUGH**  
2.7 LBS / 1.2 KG TUBS / 24 MUFFINS

**KEEP FROZEN**

Makes 24 muffins • Made with non-hydrogenated ingredients • No preservatives added

 <p><b>CHOCOLATE CHIP BANANA</b>        Get the banana-based nutrients you need and the chocolate you crave! Loved by kids and anyone who used to be one.  <small>\$27   2.7 lbs (1.2 kg)</small></p>	 <p><b>CRANBERRY OATMEAL</b>        A classic combination of warming, wholesome ingredients. Each muffin is like a just-right bowl of oatmeal you can eat without a spoon.  <small>\$27   2.7 lbs (1.2 kg)</small></p>
 <p><b>APPLE CINNAMON SPICE</b>        We invited Granny Smith's signature tartness to the party to balance the sugar and spice to make everything nice.  <small>\$27   2.7 lbs (1.2 kg)</small></p>	 <p><b>HONEY BANANA BLUEBERRY BRAN</b>        A tongue-twister of a name, and a crowd-pleaser of a flavour. There's a lot to love about these muffins and a whole lot of love in them.  <small>\$27   2.7 lbs (1.2 kg)</small></p>
 <p><b>RISE AND SHINE</b>        Whether for breakfast or a midday boost, these healthy muffins are a delicious way of sneaking veggies into your day.  <small>\$27   2.7 lbs (1.2 kg)</small></p>	 <p><b>LEMON POPPYSEED</b>        Sweet, tangy, and subtly nutty, this combination of lemon, honey, buttermilk, and poppyseeds is a winning one.  <small>\$27   2.7 lbs (1.2 kg)</small></p>

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FUNDRAISING

1 877 463 3946  
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**SCOOP & BAKE**  
**COOKIE DOUGH**  
2.7 LBS / 1.2 KG STAND UP POUCH / MAKES APPROXIMATELY 4 DOZEN COOKIES

**KEEP FROZEN**

Scoop & Bake • Makes approximately 4 dozen cookies • Made with non-hydrogenated ingredients • No preservatives added

 <p><b>CHOCOLATE CHUNK</b>        Bricks of dark chocolate embedded in sweet dough. Why chip when you can chunk?  <small>\$27   2.7 lbs (1.2 kg)</small></p>	 <p><b>DARK CHOC. WHITE CHOC. CHUNK</b>        The flip side of our famous Chocolate Chunk. Dark chocolate is the base and white chocolate chunks round out every bite.  <small>\$27   2.7 lbs (1.2 kg)</small></p>
 <p><b>GINGER CRINKLE</b>        This warming blend of ginger, spice, and everything nice is guaranteed to put a snap in your step.  <small>\$27   2.7 lbs (1.2 kg)</small></p>	 <p><b>MONSTER</b>        Milk chocolate pieces, coated in candy, buried in cookie dough? Sounds pretty genius to us.  <small>\$27   2.7 lbs (1.2 kg)</small></p>
 <p><b>WHITE CHOCOLATE MACADAMIA NUT</b>        Say "Aloha" to a taste of the islands. This cookie packs rich macadamia nuts and chunks of creamy white chocolate.  <small>\$27   2.7 lbs (1.2 kg)</small></p>	 <p><b>OATMEAL COCONUT CHOCOLATE CHUNK</b>        You'll go coconuts over our subtly tropical twist on the already iconic oatmeal and chocolate duo.  <small>\$27   2.7 lbs (1.2 kg)</small></p>
 <p><b>OATMEAL RAISIN SPICE</b>        It's a classic for a reason. Cozy, comforting, and packed with wholesome oats, plump raisins, and the perfect amount of spice.  <small>\$27   2.7 lbs (1.2 kg)</small></p>	 <p><b>SHORTBREAD</b>        These crumbly confections are just as good for every day as they are for the holidays. Try them with coffee, if that's your cup of tea.  <small>\$27   2.7 lbs (1.2 kg)</small></p>
 <p><b>SUGAR COOKIE</b>        A delectable blank canvas to be enjoyed plain or inspire anyone eager to bring cookie cutters, icing, and sprinkles into the mix.  <small>\$27   2.7 lbs (1.2 kg)</small></p>	 <p><b>CHOCOLATE MACAROON</b>        Coconut and chocolate come together to make for a chewy, rich, wheat-free treat that's sure to make you swoon.  <small>\$28   2.7 lbs (1.2 kg)</small></p>
 <p><b>DOGGIE DOUGH</b>        A healthy, nutritious and delicious treat for your loyal tail-wagging companion.  <small>\$27   2.7 lbs (1.2 kg)</small></p>	

# Share the love!

**We want to see your photos this February! Share your pictures with us by tagging @carlsonsdance or posting in our facebook group.**

Please follow all rules when taking photos. No photography is permitted of students in class or on stage. Please be sure to only take and share photos of your own children or those you have permission to do so. Thank you.



## **Photos with Sheena Davies**

*Sunday, February 8th*

Please sign up and pay before February 6. Each package includes a group and individual photo for \$35

*Photos will be e-mailed when they are complete.*

**Students not in festival will have Photo Day in May.**

## **Stage Rehearsal for groups attending festival Sunday, February 8**

Students are to arrive at the Cowichan Performing Arts Centre dressing rooms BEFORE their call time, to be dressed and ready to perform for their CALL TIME. To get to the dressing rooms, enter the library side of the Cowichan Community Centre and find the hall just passed the public washrooms. *Students with many dances will be asked to have their hair in two french braids. Information for each class has been e-mailed.*

Each class will be accompanied by a volunteer or teacher to the Rehearsal Hall for photos, then to the Green Room for warm up.

**Please order and pay for your photos BY FEBRUARY 6. Package includes an individual and group photo for \$35. Photos will be e-mailed when they are complete.**

After photos, the class will be accompanied up stage right to rehearse. When finished, a volunteer will take students down stage left to be released to parents or prepare for their next dance

The audience is not open during rehearsal and only dancers, teachers, and volunteers are permitted backstage. **Parents are welcome to stay in the dressing rooms for this rehearsal.**

Students should be wearing light stage make up for rehearsal, unless otherwise told by their teacher.

## **No nail polish, no glitter, and no marking shoes at the theatre**

Hip Hop students required to have black shoes it is important they are fully black (white soles are not permitted)

# STAGE REHEARSAL

## SCHEDULE

CALL TIME	PHOTO TIME	STAGE TIME	DANCE/CLASS/TEACHER
11:30	11:40	12:00	Clue (Sr Open Ballet/Bonnie)
11:40	11:50	12:10	Adiemus (Int Open Ballet/Bonnie)
11:50	12:00	12:20	Beat Bugs (Kinder Tap/Ricki)
12:00	12:10	12:30	Snow White (Primary Ballet/Ricki)
12:10	12:20	12:40	Centre Stage (Pointe/Bonnie)
12:20	12:30	12:50	Sweet Dreams (Modern 5/Ricki)
12:30	12:40	1:00	Stand Out (Modern Jazz 1/Ricki)
12:40	12:50	1:10	The Red Violin (Pointe/Bonnie)
12:50	1:00	1:20	Butterfly Effect (Jr Acro/Bonnie)
1:00	1:10	1:30	Fun, Fun, Fun (Mini Acro/Bonnie)
1:10	1:20	1:40	Orinoco Flow (Ballet 6/Lindsay)
1:20	1:30	1:50	Lights, Camera, Action (Jr Jazz/Lindsay)
1:30	1:40	2:00	Charlie's Angels (Modern 5/Bonnie)
1:40	1:50	2:10	Cinderella's Waltz (Ballet/Bonnie)
1:50	2:00	2:20	Surface Pressure (Jr MT/Ricki)
2:00	2:10	2:30	Pyscho Killers (Modern 6/Ricki)
2:10	2:20	2:40	Can't Catch Me Now (Teen Ballet/Bonnie)
2:20	2:30	2:50	Amazon Rock (Kinder Acro/Bonnie)
2:30	2:40	3:00	The Day is My Enemy (Modern Jazz 6 & Adv/Bonnie)
2:40	2:50	3:10	At the Roxbury (Ricki/Jr Tap)
2:50	3:00	3:20	It's a Trap! (Kinder Hip Hop/Ricki)
3:00	3:10	3:30	Afraid of the Night (Petite Acro/Bonnie) *Emma quick change
3:10	3:20	3:40	Beatlejuice (Teen CPT/Ricki)
3:20	3:30	3:50	Pure Imagination (CPT/Ricki)
			Stage Break 4-4:30
4:00	4:10	4:30	Space Jam (Jr CPT & Petite HH 2/Ricki)
4:10	4:20	4:40	Teen Tap (Calista)
4:20	4:30	4:50	Les Nauges (Boys/Kahari)
4:30	4:40	5:00	Golden (Ballet 2/Ricki)

4:40	4:50	5:10	Redemption (Ballet 4 & Int Found/Ricki)
4:50	5:00	5:20	Mode4 (Teen Hip Hop/Bri&Soph)
5:00	5:10	5:30	Supa Good (Modern 3/Ricki)
5:10	5:20	5:40	Petiteski (Petite HH/Kahari)
5:20	5:30	5:50	Grey (Teen CPT/Rachel)
5:30	5:40	6:00	Waves (Crew/Carlow)
5:40	5:50	6:10	Minions (Petite Tap/Ricki)
5:50	6:00	6:20	Let's Get Glam (Teen Jazz/Rachel)
6:00	6:10	6:30	Drip (Crew/Carlow)
6:10	6:20	6:40	Don't Play (Jr HH/Kahari)
6:20	6:30	6:50	You Can't Stop the Beat (Teen MT/Ricki)
6:30	6:40	7:00	Girls in Gold (Crew/Carlow)
6:40	-	7:10	Anything Goes (Adult MT/Ricki)
6:50	7:00	7:20	Candles (Jr Contemp/Rachel)
7:00	-	7:30	Moulin Rouge (Sassy Jazz/Jess)
7:10	-	7:40	C-Bots (C-Bots/Kahari)
7:20	-	7:50	Persona (Wed Adult Hip Hop/Kahari)
7:30	-	8:00	Lovely Day (Wed Adult Tap/Ricki)
7:40	-	8:10	9 to 5 (Tues Adult Tap/Ricki)
7:50	-	8:20	Maneater (Adult Jazz/Lindsay)



*Photos from our Winter Gala*

All students must be at the theatre ready to perform one hour before their scheduled time, unless otherwise told by their teacher. Reminder, we try to have a teacher at every session but that is not always possible.

**Tentative Schedule:**

**February 25**

2:18 Real People (Addie)  
3:00 Say Yes to Heaven (Abby)  
3:27 Viva La Vida (Abby & Hailey)  
3:33 Doomsday (Adelyn & Ryleigh)  
8:30 Bitter (Benni)

**February 26**

9:00 Lost Boy (Layla)  
9:24 Why Try to Change Me (Willow)  
11:08 This Love (Willow & Addie)  
4:16 Pure imagination  
7:09 Grey

**February 27**

10:09 Survivor (Milah)  
11:29 Fly On the Wall (Milah)  
11:35 Dancing in A Dream (Layla)  
11:44 Made for Walkin' (Meredith)  
12:02 I Talk the Talk (Presley)  
12:11 Slay (Kinsley)  
12:41 Move It (Addie)  
12:47 What's Happenin (Willow)  
2:13 Black & Gold (Kiera)  
2:28 Be Like Me (Abby R)  
8:51 Edge of Seventeen (Hailey G)

**February 28**

9:48 Jailhouse Rock (Layla & Meredith)  
10:36 The Scuttlebutt (Willow)  
11:47 I Slay (Milah)  
12:23 Coconut (Kiera)  
1:40 Get Back! (Austin)  
1:46 Goin' Back to Cali (Presley)  
1:52 Day N Night (Addie)  
1:58 Yeah Right (Kiera)  
2:13 Hate Me (Hailey)  
2:16 Rockbot (Rocklan)  
2:31 It's Showtime! (Addie & Willow)  
2:47 Junior Fun (Landen & Ava)  
2:58 Boogie Bots (Rocklan & Thomas)  
4:56 Beetlejuice  
6:38 Girls in Gold  
7:12 C Bots  
7:24 Drip  
8:15 Waves  
9:02 Roses (Asha)

**March 1**

12:47 Never Stop Being Sad (Ryleigh)  
1:52 Dancing With Your Ghost (Adelyn & Max)  
2:13 Lizard Eyes (William, Austin, Miller)  
2:31 How Did You Notice? (Adelyn, Ryleigh, Max)

